Use a 1/4" seam allowance unless otherwise noted.
Cut out 2 layers of fabric.

Pin layers together with right sides together. Pin. Sew along the top and bottom of the mask fabric, leaving the sides open.

Turn right side out through one of the side openings. Push out corners and press.

Topstitch along top and bottom edges. At this point you can add a NOSE piece or wire to the mask. Create a casing centered at the top and sew side and bottom, Push nose wire piece in and finish casing.

Use pattern piece fold and press top and bottom edges. Center your fabric on the pattern piece and find the fold lines that coordinate with your side.

Topstitch along the folds, 1/8" from the folded edges. Do this on both sides. Press well again.
Fold side edge under 3/8" TWICE and press well. This will create the casing for the elastic. To avoid having to thread elastic through later, tuck the elastic in the corner of the fold and pin over it.

Sew along the edge and backstitch. Be sure you don’t catch the elastic in your stitching.

Tie elastic ends together. Repeat on the other side.

To create the 3D folds, fold the angled edge of the flap up and pin next to the casing.

Repeat on the other side.

Sew. Stitch back and forth over the pleat a few times to be sure it stays in place.

Repeat on the other side and you’re done!